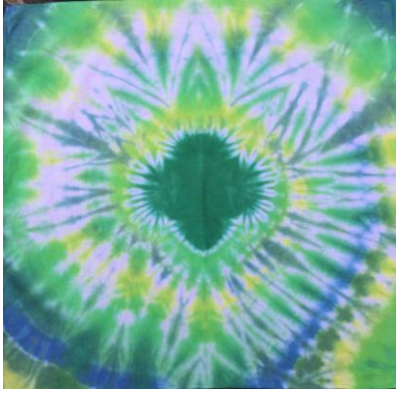


DIY TYE DYE GIRL SCOUT TREFOIL SHIRT

Here are some of our shirts and bandanas we have made.



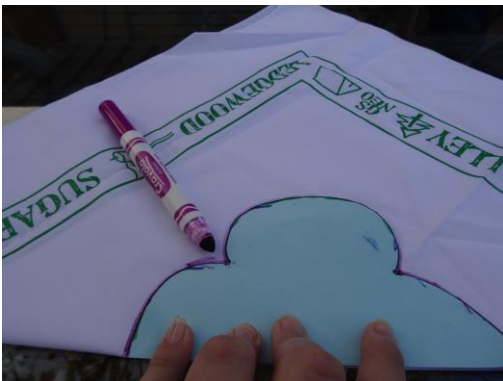
These are the instructions for folding and tying the Trefoil shape, for supplies and detailed instructions on dyeing your piece go to <http://www.dharmatrading.com/>



You will need:

- a t-shirt or bandana
- washable marker
- rubber bands
- trefoil template

Find a Girl Scout Trefoil template that you like and copy it to your computer. You can play around with the size to make it just right. Since the trefoil is symmetrical I find it easier to cut it in half.



Next, fold your shirt or bandana in half. If you only want the trefoil on the front of the shirt, find the center of your t-shirt by matching up the side seams, and pulling out the center fold at the bottom and neck.

Place the patten where you want it on the item and Trace the trefoil. I use washable crayola markers. Don't worry the line will wash out in the dyeing process.



Now you can either gather the material, keeping both layers of the material together, along the line by making small accordion folds (1/4 inch tall). You want to keep the line together and as straight as possible. Do this by pulling the fabric to you as you fold it.

If you are having trouble gathering and folding, there is an alternate method. Take a needle and thread (I recommend using unwaxed dental floss) and using a running stitch, thread all the way along your trace line. Remove the needle. Pull both ends of the thread tight.



Either way you gather the material, you want to wrap a rubber band tightly around the trace line. Make sure the rubber band is directly on top of the trace line. Make the rubber band very tight.

Add a second rubber band directly after the first one.



Now unfold your material, as flat as you can.

You can now apply one color dye to the trefoil, and another color to the remaining material and have design like the purple shirt.

If you want a spiral design, follow the next steps below.



Using the trefoil part that is sticking up above the rubber band, twist the trefoil and keep twisting until you have all of the material gathered in a swirled circle about 1 inch tall. Try and gather the material into folds as you twist.



Use rubber bands to secure, making sure that your trefoil is sticking out above.

Now you are ready to dye your shirt!

First carefully dye your trefoil, trying not to get the dye on the rest of the material. Squeeze out the excess dye. It is a good idea to wrap a little bit of saran wrap over the trefoil so you don't get any other colors on it.



Next color the shirt however you like.

If you want a lot of white then just concentrate on the outside of the shirt. If you want it more colorful, pry open each fold and squirt the color down into the shirt.

Squeeze out the excess dye. Now place the whole item in a plastic ziplock. Wait 24 hours to rinse your shirt. Keep it in a warm location.

If your trefoil doesn't turn out perfect, you have two options: you can use a bleach pen and bleach around the trefoil or you can get some fabric paint and paint over the trefoil.

Follow me on Pinterest to see some of my other tie-dye creations.

Yours in Girl Scouts,
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